# BLIK

## Paradigm Pro

ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz
0123456789

| | | | |
|---|---|---|---|
| C | 76 | R | 61 |
| M | 36 | G | 111 |
| Y | 52 | B | 106 |
| K | 24 | | |

| | | | |
|---|---|---|---|
| C | 96 | R | 46 |
| M | 82 | G | 62 |
| Y | 2 | B | 145 |
| K | 0 | | |

| | | | |
|---|---|---|---|
| C | 46 | R | 157 |
| M | 76 | G | 84 |
| Y | 0 | B | 156 |
| K | 0 | | |

| | | | |
|---|---|---|---|
| C | 0 | R | 236 |
| M | 73 | G | 100 |
| Y | 46 | B | 104 |
| K | 0 | | |

In a Playback event, someone in the audience tells a moment or story from their life, chooses the actors to play the different roles, and then all those present watch the enactment, as the story "comes to life" with artistic shape and nuance. Actors draw on non-naturalistic styles to convey meaning, such as metaphor or song.

Although Playback Theatre is not primarily a therapeutic technique, it is adaptable for use by therapists who are also trained in Playback Theatre. Clients can gain insight, catharsis, connection, and self-expression through telling their stories and participating in enacting stories of others.

# Playback

# SPEELS & CONNECTIE